NHS

East Sussex Community Health Services

East Sussex Substance Misuse Training Courses

September 2010- March 2011

hr-pct.substancemisusetraining@nhs.net

Tel: 01323 418993

Alcohol and Older People

This course aims to raise awareness of the issues amongst the over 50's, identify the needs of this group and the role that alcohol plays in their lives.

It covers taking appropriate action to minimise risk to individuals and others from their alcohol use and referring to appropriate sources of help. It is suitable for a wide range of people including workers in primary and community health, housing, hospitals, outreach, criminal justice, voluntary sector, social services, employees and managers.

Learning outcomes:

By the end of the course, you will be able to:

- Recognise indications of alcohol misuse in the over 50s.
- Communicate health risks of alcohol misuse to professionals, colleagues and older people.
- Describe the effects alcohol has on older people.
- Describe the principle helping agencies and the services they provide.

This course supports the following NOS Units:

AA1 Recognise indications of substance misuse and refer individuals to specialist services.

AA3 Enable individuals to find out about and use services and facilities.

HSC33 Develop your own knowledge and practice.

AD4 Develop and disseminate information and advice about substance use, health and well-being.

Dates and Venues

Tuesday 19th October 2010
9.30am - 12.30pm
Hastings

Thursday 2nd December 2010
9.30am - 12.30pm
Eastbourne

Friday 28th January 2011
9.30am - 12.30pm
Eastbourne

Wednesday 23rd March 2011
9.30am - 12.30pm
Hastings

Alcohol: Identification and Brief Advice

Brief advice – as short as five minutes – delivered in a variety of settings has been shown to be effective in reducing alcohol consumption amongst high-risk, non dependent drinkers. This course aims to equip workers with the knowledge and skills to use screening tools to identify individuals who are drinking at risky levels and then to deliver an effective brief advice intervention.

This course is suitable for all staff in community health, housing, social care and similar settings. It is also appropriate for those working with drug users where problem drinking is also an issue.

Learning outcomes

By the end of the course, you will be able to:

- Understand the difference between risky and dependent drinking.
- Use the FAST screening tool
- Deliver simple brief interventions to high risk drinkers
- Know when and how to refer dependent and/or more problematic drinkers to specialist services.

This course supports the following NOS Units:

AA1 Recognise indications of substance misuse and refer individuals to specialist services.

AD1 Raise awareness about substances, their use and effects.

AF1 Carry out screening and referral assessment.

AH10 Carry out brief interventions with alcohol users.

Dates and Venues

Tuesday 28th September 2010
9.30am - 4pm
Eastbourne

Thursday 28th October 2010
9.30am - 4pm
Hastings

Wednesday 17th November 2010
9.30am - 4pm
Eastbourne

Tuesday 14th December 2010
9.30am - 4pm
Hastings

Wednesday 19th January 2011
9.30am - 4pm
Eastbourne

Thursday 10th March 2011
9.30am - 4pm
Hastings

Drug and Alcohol Basic Awareness OCN Level 2

A two day Open College accredited course on adult substance misuse, its related problems and interventions.

The Drug and Alcohol Basic Awareness Course (DABAC) is regularly revised in response to new issues. It gives the essential knowledge for anyone who comes into contact with adult drug or alcohol users in their work.

The course is suitable for those working in primary and community health, housing, social care, mental health, police and criminal justice, voluntary organisations and for anyone new to the substance misuse sector. The focus is on the over 18 age group.

It is essential that learners are able to attend both days in full.

Learning outcomes:

By the end of the course, you will be able to:

- Understand the reasons for substance use and the range of problems it can cause.
- Describe the effects of commonly used substances.
- Identify and respond more effectively to substance misuse in your work.
- Be aware of the range of helping agencies.

This course supports the following NOS Units:

AA1 Recognise indications of substance misuse and refer individuals to specialist services.

AA3 Enable individuals to find out about and use services and facilities.

AB5 Assess and act upon immediate risk of danger to substance users.

HSC33 Develop your own knowledge and practice.

AD1 Raise awareness about substances, their use and effects.

AF1 Carry out screening and referral assessment.

Dates and Venues

Wednesday 15th and Thursday 16th September 2010
9.30am - 4.30pm
Eastbourne

Wednesday 6th and Thursday 7th October 2010
9.30am - 4.30pm
Rye

Tuesday 9th and Wednesday 10th November 2010
9.30am - 4.30pm
Eastbourne

Tuesday 7th and Wednesday 8th December 2010
9.30am - 4.30pm
Crowborough

Tuesday 8th and Wednesday 9th February 2011
9.30am - 4.30pm
Hastings

Wednesday 16th and Thursday 17th March 2011
9.30am - 4.30pm
Eastbourne

Overdose: Prevention, Recognition, Action

With overdose time is of the essence. Spotting early signs, reacting quickly, summoning help and giving simple treatment is the difference between life and death. It's also important to know what not to do.

This course also looks at why overdose happens and some ways of reducing the risk. This is a practical hands-on course, suitable for family and carers of drug users, primary health staff, community, housing, police, bar-staff – in fact anyone who works with the public. The course is run in conjunction with St. John Ambulance.

Learning outcomes:

By the end of the course, you will be able to:

- Understand the risks associated with overdose.
- Be able to recognise an overdose.
- Know how to respond to an overdose.
- Be aware of the myths associated with overdose.

This course supports the following NOS Units:

AB2.1 Enable individuals to adopt safer practices associated with substance use.

AB5 Assess and act upon immediate risk of danger to substance users.

HSC33 Develop your own knowledge and practice

Dates and Venues

Tuesday 12th October 2010
9.30am - 12.30pm
Eastbourne

Reefer Madness: What You Need to Know About Cannabis

This half-day course gives the essential facts and dispels some of the myths about cannabis, Britain's most-used illicit drug. Topics include: cultivation, use, action and effects of cannabis.

The course is suitable for anyone working in health, housing, social services, criminal justice, education or voluntary services.

Learning outcomes:

By the end of the course, you will be able to:

- Identify the effects and risks of cannabis.
- Describe the various varieties and potencies of cannabis and the methods of use.
- Understand the current evidence on links between cannabis use and mental health.
- Explain the brief interventions and harm reduction approaches with cannabis users.

This course supports the following NOS Units:

AA1 Recognise indications of substance misuse and refer individuals to specialist services.

AB5 Assess and act upon immediate risk of danger to substance users.

AD1 Raise awareness about substances, their use and effects.

HSC33 Develop your own knowledge and practice

Dates and Venues

Tuesday 7th September 2010
9.30am - 12.30pm
Hastings

Wednesday 3rd November 2010
9.30am - 12.30pm
Eastbourne

What Drugs Really Look Like

Would it be useful for your work to be able to identify illicit drugs and associated paraphernalia? This course is an opportunity to see, handle and smell real drugs rather than replicas.

The course is suitable for those working in residential settings, housing and social care, mental health, police and criminal justice sector, and primary and community health.

Learning outcomes:

By the end of the course, you will be able to:

- Identify a range of illicit substances.
- Identify the paraphernalia and other items associated with illicit drug use.
- Be aware of the scale and nature of drug use in the area.

This course supports the following NOS Units:

AA1 Recognise indications of substance misuse and refer individuals to specialist services.

AB5 assess and act upon immediate risk of danger to substance users.

AD1 Raise awareness about substances, their use and effects.

Dates and Venues

Tuesday 16th November 2010
9.30am - 12.30pm
Eastbourne

Tuesday 25th January 2011
9.30am - 12.30pm
Hastings

NHS

East Sussex Community Health Services

East Sussex
Substance Misuse Training Courses

Course Title:

Course date: **Course location:**

First Name: **Surname:**

Job title:

Employing Organisation:

Email:

All correspondence conducted via email. Please ensure you check your messages regularly.

Phone:

Workplace Address:

Please indicate any special requirements (dietary, mobility, sight etc)**:**

Managers name and contact details:

Date form submitted:

There will be a £30 charge made for non-attendance

Please return to: hr-pct.substancemisusetraining.nhs.net / Substance Misuse Training, Health Development, Centenary House, The Avenue, Eastbourne, BN21 3XY.